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## ABSTRACT

Results of a study on attitudes of Filipino college students concerning human population issues are reported. A total of 74 University of the Philippines students, half of whom were enrolled in a natural science course, answered a 15-part questionnaire on dating, friendship, premarital sex, marital expectations, and birth control. Several observations were gleaned from the results of this investigation. Dating is common among Filipino youth. Significant factors in choosing dates, friends, and a spouse are personality, physical appearance, intelligence, and economic status. Filipino youth are conservative in outlook, subscribing to the norms and standards of the larger society. They tend to disapprove of premarital sex, birth control, and zero population growth; and expect to have three-four children. (LP)

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MONOGRAPH NO. 31

The Values and Attitudes of Selected  
College Students on Some Topics Relevant  
to Human Population

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Biology Work Group  
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## INTRODUCTION

The ages 15 to 25 years are crucial for an individual. They mark a period when a young person is confronted with problems which entail decision-making. Consciously or sometimes unconsciously or even automatically, young people make decisions in accordance with the values and expectations learned during childhood. Teen-agers and young adults face an almost bewildering array of events, which influence their later behavior.

This study attempts to find out the attitudes and values of selected college students on topics related to human population. The idea of this study occurred to the researcher-professor when her students in general education biology asked her questions about dating, going steady, pre-marital sex and human sexuality.

The researcher therefore thought that it would be interesting to learn the values of young people - the values that will influence their decisions later in life. It was assumed at the start of the study that young people observe the daily activities of family life and develop their own values and attitudes from what they learn at home. It was also assumed that the school, the church and their peers each plays important roles in the formation of attitudes and values.

Aside from providing evidence of the values of young people today the data obtained in the study will therefore also show whether these assumptions still hold, or whether new, previously unknown factors help shape the values of today's youth. Although the population sample is quite small it is hoped that the impressions gleaned from the data may merit further investigations.

## METHODOLOGY

The students of two Natural Science III sections of the Department of Botany, College of Arts and Sciences, University of the Philippines were the respondents in the study. The course, described as "Fundamentals of Biological Sciences", is a 3-unit general education subject. There were 37 students in Section S. Each student asked a friend who is not enrolled in the course to act as his or her counterpart. Both student and counterpart-friend answered the same set of questions. The questionnaire is reproduced in Appendix A while Appendix B presents the data obtained.

## IMPRESSIONS BASED ON THE DATA OBTAINED

### I. THE RESPONDENTS: PERSONAL DATA

Majority (89%) of the 146 respondents are between 16 and 19 years of age. More than half of them (52.7%) are female. The courses they are pursuing in the College of Arts and Sciences vary widely; only three of them are bioscience majors. Majority (62.3%) freshman; 15.8% sophomores and 12.3% juniors. Less than 10% are seniors, in their 5th year or graduate students. All except two (who gave no answer) are single. And they come from different provinces/cities in various parts of the country (Luzon, Visayas and Mindanao).

### II. RESPONSES AND VIEWS

#### A. On Dating

Almost 80% of the respondents have gone out on dates. The overwhelming majority (94.5%) choose or would choose the girl/boy they should go out with.

#### Desired Characteristics in Dates, Friends, Prospective Spouses

The qualities the respondents seek and value most highly in dates, close friends and future spouses are generally similar, with variations only in degree. They place a premium on personality. All of them want dates, friends and future spouses to be considerate, kind, thoughtful, and undemanding. Sincerity, honesty, integrity, and trustworthiness are also valued. Likewise, the respondents think it important that dates and future spouses be pleasant, interesting, friendly, sociable,

and good-natured; they must be good companions and good conversationalists. They also give importance to good manners in dates and close friends. About one-third of the respondents mentioned that they want their dates and future spouses to be humble. In addition to the aforementioned personality traits, 71.9% of the respondents want whoever they would fall in love with to be loving, caring and affectionate and 54% mentioned that they desire future spouses with a strong sense of responsibility and keen decision.

Intelligence or high IQ is another characteristic that the respondents consider important. Seventy-one percent (71%) consider intelligence in their future spouses while 38.3% valued the same quality in dates. Only 31.5% wrote that they would like their friends to be intelligent.

For 65.8% of the respondents, economic stability in a prospective spouse is desirable. This criterion is not so important, however, in a date or a friend. Still, 26.7% would want their dates to be financially well-off and 28.1% preferred close friends to satisfy this criterion.

These physical attributes of dates, close friends, and future spouses are also considered important. Thirty-three percent (33.6%) want their dates to be well-dressed and 36.3% desire the same characteristic in close friends. Personal appearance seems to be a more important factor in choosing dates than in choosing future spouses. Thirty-two percent (32.2%) want their dates to be good-looking while only 24.6% require physical beauty in their future spouses. Twenty-one percent (21.2%) indicate that their friends should be presentable and a slightly higher percentage (27.4%) require future spouses to satisfy the same criterion.

In general, mental, economic and physical attributes trailed behind personality traits in importance as criteria in the choice of dates, close friends, and future spouses. Very few consider age, family background and compatibility in spiritual beliefs and interests important. Similarly, such domestic skills as ability to cook and knowledge of child-rearing are mentioned by a few as desired characteristics in dates, close friends, and future spouses. This may mean that either the respondents do not rank this as very important or they just have not thought much about it.

## Desired Activities with Date

Talking, conversing or exchanging ideas are the activities most preferred by the highest percentage of respondents (44.5%), followed by dining or eating out (36.9%), playing games outdoors or indoors (26%), attending cultural events (25.3%), and watching movies (24.6%). Some indicated their preference for strolling (14.4%), going on outings (11.6%) and disco dancing (11.6%). A very small percentage mentioned "going all the way" (2.0%) and "light touching/kissing" (1.4%) as activities they would enjoy with their dates.

## B. On Going Steady

## Responsibilities Towards the Other Person

Majority of the respondents (79.4%) feel that they have responsibilities towards their "steadies". Only 5.5% answered "No", (they have no responsibilities) towards the other person while 15.1% gave no answer (SEE APPENDIX B. III.1).

Of those who answered "Yes", 49.1% believe it is their responsibility to make the other person happy, 44.8% think they should be truthful and frank, and 41.4% think they should be faithful. To understand the other person, to help him/her with problems, to be honest and sincere, to be considerate, to take care of him/her were likewise listed down by 39.6%, 28.4%, 27.6% and 25%, respectively, as their responsibilities towards the other person.

## Proofs of Love

Twenty-eight percent (28.1%) of the respondents wrote that they would prove their love to their "steadies" by being considerate and understanding. Twenty-four percent (24.6%) would do this by showing the other person they care and 19.2% answered "by being honest". Seventeen and eight-tenth percent (17.8%) intend to prove their love by accepting the other person for what she/he is. A variety of other ways to prove their love were indicated by the respondents; it was noted however, that giving gifts and touching/kissing are considered by only a few (5.5% for each) as effective means of conveying their love. The low regard given to material gestures and those that can only be described as sexual, indicates either a high level of maturity or the respondents or their high degree of romanticism/idealism.

### How to Develop Self-control and Responsibility

Cognizant of the temptations to engage in intimate relations besetting those going steady, all these respondents see the need for self-control. Twenty-five percent (25.3%) answered that control and responsibility would result from mutual love and respect. Twenty percent (20.5%) said they would avoid temptations and 18.5% specified their keeping away from dark and secluded places. Seventeen percent (17.8%) saw self-discipline as a requisite for control and responsibility, while 15.1% thought conducting open discussions would be advantageous. They mentioned other ways by which they would develop control and responsibility.

### How Far To Go in a Relationship

In regard to the kind of relationship the "steadies" would allow, the respondents gave a wide variety of responses, many of which were either very general or else ambiguous and vague. One point is clear though - the majority preferred not to have sexual intercourse. Forty-five percent (45.8%) gave answers that could be interpreted to mean that they were not willing to go beyond social norms and standards. Twenty-five percent (25.3%) specified that they would go only as far as kissing, and 12.3%, only up to holding hands. Only 6.8% thought that they should go "all the way". Seventeen percent (17.8%) were not sure how far they should go; they indicated that this would depend on different factors such as the earlier relationships, the couple's values, the girl, etc.

### C. On Premarital Relations

As revealed earlier, majority (58.2%) do not believe in premarital relationships, mainly because they do not want to lose their virginity nor violate religious/moral teachings. Those who gave "loss of virginity" as a reason may be assumed to be females because this is usually a young woman's fear. This reason reflects the importance attached to keeping one's virginity until after marriage. Yet, a considerable number of respondents, 32.2%, believe in premarital relationships. The major reason they gave was that it serves as a test of compatibility.

### Effects of Premarital Relations

Many of the respondents did not answer the questions relating to this matter. It is quite possible that they could not imagine or foretell what effects premarital relations would have on the individual before and after

marriage, and on family life after marriage. These situations simply do not fall within the range of experience of most of them.

Still, a remarkable percentage, 21.2% answered that an individual could suffer from emotional insecurities (including guilt and fear) as a result of premarital relations. Fifteen percent (15.8%) thought there would be no effect; 13% wrote that there would be less respect and trust; 11% replied "sexual disadvantages".

More (21.9%) answered "no effect" after marriage, leading us to assume that they believe marriage would neutralize some of the guilt feelings ensuing from premarital sex. Fifteen percent (15.1%) thought that marriage would become monotonous since one or the other (or both) would have nothing to look forward to where sex is concerned.

On family life after marriage, 15.1% thought premarital relations would have "no effect". Fourteen percent (14.4%) answered that it could lead to misunderstanding; the others gave varied possible effects, many of which were negative.

#### D. On Marriage and Marital Life

Most of the respondents want to marry. Majority (73.3%) plan to get married mainly because they want to have families of their own and also for love and companionship. Only 13.7% said that they would not get married and 8.9% wrote "do not know yet". The rest gave no answer.

More respondents, eighty-six percent (86.3%), gave answers to the question on marrying age. It is assumed that those who answered "do not know yet" and those who gave no answer to the question on whether they plan to marry also responded to this question on marrying age. (SEE APPENDIX B.v.3)

Of these, 37.3% think they would want to marry when they would reach 26-28 years old while 25% prefer to marry when they would be 23-25 years old. Unlike previous generations when the usual marrying age was much younger, Filipinos today prefer to marry in their late twenties. This change of preferred marrying age can be interpreted as a preference for the assumed maturity, responsibility and financial stability that come with later age, hence, ready for marriage. Very few indicated getting married after thirty-two, probably because of their knowledge about degenerating reproductive capabilities as one gets older.

The students are divided almost equally on the issue of age of spouse. Forty-nine percent (49.2%) think their spouses would be older and 43.6%, the exact opposite. The former are probably females while the latter, males. This assumption is confirmed by the reasons they gave. (SEE APPENDIX B.V.3). Most of the females want older spouses because they think these are more mature and understanding, while most males want younger spouses because of tradition and because they think their being older would make them feel more mature and superior.

The overwhelming majority of the 86.3% who answered the question on marrying age indicated their preference to marry after they had completed their education. None expressed the desire to marry before finishing his/her studies.

This plan, however, could be altered in case of unplanned pregnancy (22.2%) or other circumstances beyond their control. Forty-six percent (46%) did not indicate what factors would force them to marry before finishing their studies.

#### Alternatives to Marriage

(SEE APPENDIX B.V.2) The few (13.7%) who did not intend to get married thought of alternative life styles. Thirty percent (30%) considered entering a convent or seminary while 20% thought of devoting their time to their careers or humanitarian undertakings.

#### Children

(SEE APPENDIX B.I.5) As regards having children, almost all of the 86.3% who answered the question on marrying age indicated their intention to have children for various reasons. The main reason given is that having children is what marriage is all about; other reasons are their love for children, or for future security/ support.

They would alter this plan only if they were sterile or unable to have children. This was the factor mentioned by 26.4% of those who intended to have children. Majority (60.3%) did not write what would change their plan to beget children.

Of those who plan to have children, forty-one percent (41.3%) said they would like to have their first child when they are 26-28 years old. Twenty-six percent (26.4%) answered 23-25 years old. For 70.2% of them,

the first child would preferably come one year after marriage, for 10.7%, two years after marriage and for 3.3%, three years after marriage.

In answer to the follow-up question, "Why did you decide on this time?", 48% of those who gave a specific time answered "to be more prepared/more responsible". Twenty-two percent (22.5%) reasoned "to give time for couples to get adjusted to each other". Only 4.9% stated that they wanted "to see their first child immediately".

Many were not responding in relation to the immediately preceding question but with the marrying age in mind. Nevertheless, it is quite clear that they would rather marry well beyond their twenties and have their first child right away.

Forty-seven percent (47.1%) of those who plan to have children want 3 or 4 and 39.7% want 1 or 2. By way of explanation they wrote "economic reasons", "to give children more love, care and attention" and "to have a happier family". Their reasons all try to justify the small number because for 44.8% of them this means less children than the number their parents had, the assumed example or model. Twenty-one percent (21.5%) want 1 or 2 more children and 24.3% wanted the same number as what their parents have. Not surprisingly, the reasons they gave for wanting less children coincide with the reasons already cited in answer to the previous question. (SEE APPENDIX B.V.9)

Those who plan to have children are divided on the matter of spacing of children. Thirty-three (33.9%) want their children to be born at close intervals while 39.7% would prefer to have theirs several years apart. Nine percent (9.1%) answered "do not know" and 17.3% did not answer. According to those who want their children closely spaced, children relate to each other better if the age gap is not too wide. Those who prefer their children to have big age differences cited "financial considerations", "health of mother and child" and "more time for child", as their major reasons.

Most (91.8%) of those who plan to have children indicated their willingness to adopt children in case of impotence or sterility. (SEE APPENDIX B.V.13)

#### Conflicts in Combining Marriage, Child Bearing, Education and Career

(SEE APPENDIX B.V.14) The majority (55.5%) of the total number of respondents do not see any potential conflicts in combining marriage, child bearing, education and

career. Only 25.3% thought that there would be conflicts while 19.2% gave no answer. Of the "Yes" respondents, 24.3% said that a way to resolve the conflicts would be to establish priorities. More than ten percent (10.8%) thought it would be best to finish his/her education first before getting married and 8.1% suggested that budgeting one's time would neutralize the conflicts.

#### Birth Control

The birth control method or device that the respondents are most familiar with is the pill. Ninety-two percent (92.5%) has read or heard about it. Condoms rank second, 91.1% claim to have either read/heard about or used them. Sixty-eight percent (69.5%) read/heard about or used these methods. In all cases, there are more respondents who read about the method, than those who merely heard about it. Their familiarity, with these methods, therefore, stemmed mainly from reading. Very, very few admitted actually using any of the methods. Even assuming that they were different persons (since one could have tried using more than one method), they still constitute only 4.1% of the total number of respondents. The methods/devices that have been used are withdrawal, condoms and foam/jelly.

Of those who gave definite answer with regard to the spacing of children (SEE APPENDIX B.V.10), 48% of the males said that they would like their wives to use the rhythm method. Twenty-eight percent (28.1%) opted for the use of the IUD/diaphragm/loop while 23.6% said they would discuss the matter with their partner. The choice of rhythm is based on its safety, effectivity and the fact that it is allowed by the church.

#### Zero Population Growth

Almost half (47.3%) of the respondents are not in favor of adopting a policy of zero population growth (ZPG) in the Philippines. Their main reasons are: "it's a God-given right to have children" and "it is an individual decision". Some believe that the solutions to our problems lie not in stopping population growth but in other areas, i.e., increasing food production, while others believe that developing countries like ours need manpower and still have enough resources.

Twenty-eight percent (28.8%) think that the Philippines should adopt ZPG obviously to "solve over-population" as their major reason and also because of "decreasing/limited natural resources". Nearly the same percentage (24%) did not give any answer.

## SUMMARY AND RECOMMENDATIONS

Several observations may be gleaned from the results of the investigation. With regard to dating, the practice is common among today's young people. Whom they go out with is a matter they decide for themselves. Their criteria for choosing dates, close friends and future spouses give much weights to personality, physical appearance, intelligence, and economic attribute; hence, a strict application of these criteria would allow them to mix only with select people, the intelligent and mature. These high standards reflect their youthful idealism. Surprisingly, this idealism has not been lost in spite of the constant exposure to advertisements in the mass media and the messages of doubtful value that these impart.

On the whole, their outlook is conservative; they subscribe to the norms and standards that are acceptable to the larger society. They would rather exchange ideas with their date than engage in any sexual activity. In other words, they disapprove of premarital sex. They are inclined to follow the traditional path of getting married and having children. Moreover, marriage would be considered only after they have finished their studies. In fact, if the preferred marrying age of 26-28 is used as the basis, they would marry after they had finished their graduate studies or perhaps established careers.

They would want only three or four children, unlike their parents who had more. Besides, they intend to limit or space their children mainly for economic reasons. For such family planning, they are most likely to use the rhythm method because it is safe and sanctioned by the Church. They do not see any conflicts in combining marriage, child/bearing, education and career. If they do, they have worked out ways to resolve such conflicts, such as by establishing priorities, finishing their education first before marriage and budgeting their time.

Though they seem to be aware of the population problem, the youth do not think that Zero Population Growth should be adopted in the Philippines. Such a policy is not consistent with their religious beliefs and infringes on their individual rights. Some propose alternative solutions to the population problem such as increasing production and others argue that as a developing country, we need the manpower and still have enough resources for our subsistence.

Cognizant of the valuable information gathered from the study and the prospect of more and deeper insights regarding the youth's sex-related values and attitudes, and how these youthful values rate in their later life, the following recommendations are advanced:

1. that a similar study be made, using a bigger sample population, so that these findings may be further validated; if feasible, such sample population should consist of an equal number of randomly selected males and females who will answer separate questionnaires;
2. that the same group of students be interviewed again after 3 or 4 years in college to find out if there are changes in their attitudes and values;
3. that sex education topics be adequately covered in future syllabi for biology education; and
4. that discussions related to social and moral values of sex education be included in teacher training programs.

## APPENDIX A

## Questions and Interview Guide

## I Personal Data

Age \_\_\_\_\_ Year level \_\_\_\_\_  
Sex \_\_\_\_\_ Marital status \_\_\_\_\_  
Course \_\_\_\_\_ Province/City where you came from \_\_\_\_\_

## II Questionnaire

## A. On Dating

1. Have you ever dated? Yes \_\_\_\_\_ No \_\_\_\_\_
2. Would you choose the girl (or boy) you date with? Yes \_\_\_\_\_ No \_\_\_\_\_
3. State the criteria you use in choosing the girl (boy) you go with.  
(characteristics of your date)
4. What characteristics would you like your close friends to have?  
Or someone you would fall in love with?
5. What activities would you enjoy doing with your date?

## B. On Going Steady

1. If you go steady, do you have responsibilities toward the person?  
If so list them down. \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_
2. How would you prove your love to your steady? \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_
3. What would you do to develop a sense of control and responsibility  
for each other in your date? \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_
4. How far should you go in your relationship? \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

## C. On Premarital Relations

1. Do you believe in premarital relationships? Yes \_\_\_\_\_ No \_\_\_\_\_  
Explain your answer \_\_\_\_\_
2. What could be the possible effects of the premarital relations on
  - a) the individual before and after marriage? \_\_\_\_\_
  - b) the family life after marriage? \_\_\_\_\_

## D. On Marriage and Marital Life

1. Do you plan to marry? \_\_\_\_\_ Why? \_\_\_\_\_
2. If not, what alternate lifestyles can you think of? \_\_\_\_\_
3. If so, when do you think you will marry? Age \_\_\_\_\_  
Do you think your spouse will be older or younger? \_\_\_\_\_  
If older why? \_\_\_\_\_ If younger why? \_\_\_\_\_
4. Would you prefer to marry before or after you complete your education?  
What factors would cause you to alter this plan? \_\_\_\_\_
5. Do you plan to have children? \_\_\_\_\_ Why? \_\_\_\_\_  
What factor may cause you to alter this plan? \_\_\_\_\_
6. At what age would you like to have your first child? \_\_\_\_\_
7. How long after marriage would this be? \_\_\_\_\_  
Why did you decide upon this time? \_\_\_\_\_
8. How many children do you want? \_\_\_\_\_ Why? \_\_\_\_\_
9. How many children more or fewer do you want than your parents had?  
Why? \_\_\_\_\_
10. Would you like to space the births of your children?  
closely \_\_\_\_\_ far apart \_\_\_\_\_ Why? \_\_\_\_\_
11. What birth control methods are you familiar with?  
read about it \_\_\_\_\_ heard about it \_\_\_\_\_ used it \_\_\_\_\_
12. Which birth control method should your wife (husband) use in spacing  
number of children? \_\_\_\_\_ Why? \_\_\_\_\_
13. Would you consider adopting children? \_\_\_\_\_ Under what  
circumstances? \_\_\_\_\_

14. Do you see potential/real conflicts for combining marriage, childbearing, education and career? If so, can you think of ways to resolve these conflicts? \_\_\_\_\_

15. Should the Philippines adopt the ZPG (Zero Population Growth)?  
If yes why? \_\_\_\_\_ If no why? \_\_\_\_\_

## APPENDIX B

## Data Obtained

## I Respondents: Personal Data

| AGE     | NUMBER OF RESPONDENTS | % OF TOTAL N |
|---------|-----------------------|--------------|
| 14-15   | 3                     | 2.0          |
| 16-17   | 73                    | 50.0         |
| 18-19   | 57                    | 39.0         |
| 20-21   | 8                     | 5.5          |
| 22-23   | 2                     | 1.4          |
| 24-25   | 2                     | 1.4          |
| 26-27   | 1                     | .7           |
| TOTAL N | 146                   | 100.0        |

| SEX     | N   | % OF TOTAL N |
|---------|-----|--------------|
| Males   | 69  | 47.3         |
| Females | 77  | 52.7         |
| TOTAL N | 146 | 100.0        |

## COURSES ENROLLED IN

|                |                                            |
|----------------|--------------------------------------------|
| AB Humanities  | BS Elementary Education                    |
| AB Philosophy  | BS Chemical Engineering                    |
| AB Psychology  | BS Electrical Engineering                  |
| AB Tourism     | BS Industrial Engineering                  |
| BS Biology     | BS Mechanical Engineering                  |
| BS Chemistry   | BS Business Administration                 |
| BS Geology     | BS Business Administration and Accountancy |
| BS Mathematics | BS Business Management                     |
| BS Fisheries   | BS Hotel and Restaurant Management         |
| BS Nursing     | Bachelor of Laws (LLB)                     |
|                | Diploma in Sports (DSc)                    |

| YEAR LEVEL | N   | % OF TOTAL N |
|------------|-----|--------------|
| 1st Year   | 91  | 62.3         |
| 2nd Year   | 23  | 15.8         |
| 3rd Year   | 18  | 12.3         |
| 4th Year   | 12  | 8.2          |
| 5th Year   | 1   | .7           |
| Graduate   | 1   | .7           |
| TOTAL N    | 146 | 100.0        |

| MARITAL STATUS | N   | % OF TOTAL N |
|----------------|-----|--------------|
| Single         | 144 | 98.63        |
| Married        | 0   |              |
| No Answer      | 2   | 1.36         |
| TOTAL N        | 146 | 99.99        |

## PROVINCES/CITIES WHERE RESPONDENTS CAME FROM

|                 |                 |
|-----------------|-----------------|
| Albay           | Manila          |
| Baguio          | Marikina        |
| Bataan          | Nueva Ecija     |
| Batangas        | Palawan         |
| Bulacan         | Pampanga        |
| Cagayan de Oro  | Pangasinan      |
| Comarines Norte | Quezon City     |
| Cebu            | Quezon Province |
| Ilocos Norte    | Samar           |
| Ilocos Sur      | Tarlac          |
| Lanao           | Zambales        |
| Leyte           | Zamboanga       |

## II Responses and Views

## A. On Dating

## 1. Have you ever dated?

|     | N          | % OF TOTAL N |
|-----|------------|--------------|
| Yes | 116        | 79.4         |
| No  | 30         | 20.6         |
|     | <u>146</u> | <u>100.0</u> |

## 2. Would you choose the girl (or boy) you date with?

|     | N          | % OF TOTAL N |
|-----|------------|--------------|
| Yes | 138        | 94.5         |
| No  | 8          | 5.5          |
|     | <u>146</u> | <u>100.0</u> |

## 3. Criteria Used in Choosing Dates:

## a. Physical Attributes (multiple responses)

|                                                | N  | % OF TOTAL N |
|------------------------------------------------|----|--------------|
| well-dressed                                   | 49 | 33.6         |
| good-looking/<br>handsome/pretty/<br>beautiful | 47 | 32.2         |
| smaller than I am                              | 37 | 25.3         |
| taller than I am                               | 30 | 20.5         |
| dark complexioned                              | 27 | 18.5         |
| presentable                                    | 22 | 15.1         |
| simple                                         | 22 | 15.1         |
| well-groomed                                   | 15 | 10.3         |
| boyish                                         | 13 | 8.9          |
| attractive                                     | 9  | 6.2          |
| sexy                                           | 8  | 5.5          |
| military-type                                  | 5  | 3.4          |

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| b. Age            | N         | % OF TOTAL N |
|-------------------|-----------|--------------|
| younger than I am | 13        | 8.9          |
| older than I am   | 10        | 6.8          |
|                   | <u>23</u> | <u>15.7</u>  |

c. Financial/Economic Attributes

|                           |           |             |
|---------------------------|-----------|-------------|
| financially stable        | 39        | 26.7        |
| practical                 | 17        | 11.6        |
| self-reliant              | 11        | 7.5         |
| can afford to have a date | 7         | 4.8         |
| unselfish (galante)       | 2         | 1.4         |
|                           | <u>76</u> | <u>52.0</u> |

d. Mental Attributes

|               |           |             |
|---------------|-----------|-------------|
| intelligent   | 56        | 38.3        |
| broad-minded  | 28        | 19.2        |
| mature        | 8         | 5.5         |
| creative mind | 6         | 4.1         |
|               | <u>98</u> | <u>67.1</u> |

e. Emotional Attributes

|                                      |   |     |
|--------------------------------------|---|-----|
| sensitive to other peoples' feelings | 4 | 2.7 |
|--------------------------------------|---|-----|

f. Personality Attributes (multiple responses)

considerate (kind, thoughtful, undemanding) - 286  
 self-controlled - 11  
 respectable - 7  
 old-fashioned - 2  
 classy - 2  
 pleasing (jolly, "game", has a sense of humor, kalog, a good conversationalist, easy to be with, a good comparison, not boring, interesting, friendly, good-natured, sociable) - 218  
 humble - 48  
 responsible - 28  
 known to me, my family, and friends - 9  
 frank but tactful - 26  
 has integrity (honest, trustworthy, sincere, prompt, punctual, keeps a promise) - 144  
 has good manners (courteous, respectful, polite, gentlemanly, well-behaved, observes etiquette, decent, not vulgar) - 124

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#### 4. Desired Characteristics of Close Friends

| a. Physical Attributes   | N          | % OF TOTAL N |
|--------------------------|------------|--------------|
| well-dressed             | 53         | 26.3         |
| presentable              | 31         | 21.2         |
| simple                   | 18         | 12.3         |
| charming                 | 5          | 3.4          |
| handsome                 | 12         | 8.2          |
|                          | <u>119</u> | <u>81.5</u>  |
| b. Likes/Interests       |            |              |
| toyota-team freak        | 1          | .7           |
| sports-minded            | 8          | 5.5          |
| lovers of animals/pets   | 1          | .7           |
| non-smoker               | 1          | .7           |
| non-drinker              | 1          | .7           |
| fond of plants           | 3          | 2.0          |
|                          | <u>15</u>  | <u>10.3</u>  |
| c. Spiritual Attributes  |            |              |
| Christian                | 2          | 1.4          |
| God-fearing              | 2          | 1.4          |
| religious                | 3          | 2.0          |
|                          | <u>7</u>   | <u>4.8</u>   |
| d. Mental Attributes     |            |              |
| broad-minded             | 24         | 16.4         |
| intellectual deep        | 3          | 2.0          |
| intelligent              | 46         | 31.5         |
|                          | <u>73</u>  | <u>49.9</u>  |
| e. Family Background     |            |              |
| comes from a good family | 10         | 6.8          |
| approved by parents      | 3          | 2.0          |
|                          | <u>13</u>  | <u>8.8</u>   |
| f. Economic Attributes   |            |              |
| financially well-off     | 41         | 28.1         |
| dependable               | 3          | 2.0          |
|                          | <u>44</u>  | <u>30.1</u>  |

g. Emotional Attributes

emotionally strong 2 1.4

h. Personality Attributes (multiple responses)

considerate (thoughtful, understanding, kind) - 238  
sincere (honest, open, frank, trustworthy, unpretentious, natural) - 148  
has a sense of humor - 18  
practical - 13  
punctual - 18  
masterful - 4  
has good manners (respectful, courteous, gentlemanly, ladylike) - 95  
helpful (a good listener, responsive) - 17

5. Desired Characteristics of Future Spouse

a. Physical Attributes

N

% OF TOTAL N

good-looking 36 24.6  
presentable 40 27.4

b. Economic stability

96

65.8

c. Spiritual compatibility

7

4.8

d. Social/family aspects

10

6.8

e. Mental qualities

104

71.2

f. Compatibility of interests

5

3.4

g. Personality Attributes (multiple responses)

considerate (kind, thoughtful, understanding, gentle, forgiving, not envious, not spiteful, not a nagger) - 225  
loving (caring, affectionate) - 105  
honest (frank, open, trustworthy, devoted, not a playboy) - 207  
pleasant (has a good disposition, a good conversationalist) - 108  
responsible (decisive) - 79  
protective (strong, concerned, comforting) - 16  
humble - 40  
respectful/respectable - 11  
a good adviser - 2  
admirable - 1

6. Desired Activities with Date (multiple responses)

N

% OF TOTAL N

a. Talking/conversing/exchanging ideas 65 44.5  
b. Dining/eating out 54 36.9  
c. Watching movies 36 24.6  
d. Outings (picnics, sight-seeing, camping, etc.) 17 11.6  
e. Attending cultural events (concerts, plays, art exhibits, museums, etc.) 37 25.3  
f. Strolling 21 14.4  
g. Playing musical instruments 3 2.0  
h. Listening to music/spinning records 4 2.7

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|                                         |    |      |
|-----------------------------------------|----|------|
| i. Dancing/disco dancing                | 17 | 11.6 |
| j. Playing games (outdoors and indoors) | 38 | 26.0 |
| k. Window-shopping                      | 3  | 2.0  |
| l. Light touching/kissing               | 2  | 1.4  |
| m. Going all the way                    | 3  | 2.0  |
| n. Watching the sunset                  | 1  | .7   |

B. On Going Steady

1. If you go steady, do you have responsibilities towards the other person? If so, list them down.

Yes - 116 (79.4% OF TOTAL N)

| RESPONSIBILITIES (multiple responses)  | N  | % OF TOTAL N |
|----------------------------------------|----|--------------|
| help him/her with problems             | 39 | 33.6         |
| serve as inspiration                   | 18 | 15.5         |
| give due respect                       | 27 | 23.3         |
| understand him/her                     | 40 | 39.6         |
| be honest and sincere                  | 33 | 28.4         |
| be truthful and frank                  | 52 | 44.8         |
| take care (in the best way)            | 29 | 25.0         |
| keep your cool/temper                  | 8  | 6.9          |
| keep promises/be punctual              | 11 | 9.5          |
| consider him/her first priority        | 5  | 4.3          |
| make him/her happy                     | 57 | 49.1         |
| protect her                            | 18 | 15.5         |
| apologize when at fault                | 21 | 18.1         |
| be considerate                         | 32 | 27.6         |
| be faithful                            | 48 | 41.4         |
| be friendly                            | 13 | 11.2         |
| be patient                             | 5  | 4.3          |
| acknowledge his/her family and friends | 3  | 2.6          |
| please him/her                         | 8  | 6.9          |

NO ANSWER - 22 (15.1% OF TOTAL N)

NO RESPONSIBILITIES - 8 (5.5% OF TOTAL N)

2. How would you prove your love to your steady? (multiple responses)

|                                        |    |      |
|----------------------------------------|----|------|
| being faithful                         | 17 | 11.6 |
| showing him/her you care               | 36 | 24.6 |
| being considerate/understanding        | 41 | 28.1 |
| giving gifts on special occasions      | 8  | 5.5  |
| being forgiving/apologizing when wrong | 4  | 2.7  |
| sharing sweet moments                  | 7  | 4.8  |
| showing respect even to family         | 13 | 8.9  |
| being myself (saying what I feel)      | 3  | 2.0  |
| being honest                           | 19 | 19.2 |
| showing him/her loyalty and faith      | 13 | 8.9  |
| holding hands, kissing, light touching | 8  | 5.5  |
| providing company                      | 4  | 2.7  |
| acting as a good adviser               | 2  | 1.4  |

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|                                       |    |      |
|---------------------------------------|----|------|
| boosting his/her ego                  | 9  | 6.2  |
| being helpful                         | 11 | 7.5  |
| sending flowers/candies               | 3  | 2.0  |
| not being too aggressive              | 2  | 1.4  |
| not hurting his/her ego               | 4  | 2.7  |
| accepting him/her for what she/he is  | 26 | 17.8 |
| not being too demanding               | 3  | 2.0  |
| showing love and affection            | 8  | 5.5  |
| avoiding/not accepting other suitors  | 1  | .7   |
| taking an interest in her/his hobbies | 13 | 8.9  |
| NO ANSWER/DECLINED TO ANSWER          | 14 | 9.5  |

3. What would you do to develop a sense of control and responsibility for each other in your date? (multiple responses)

|                                        |    |      |
|----------------------------------------|----|------|
| have mutual love and respect           | 37 | 25.3 |
| set a mode of activity                 | 16 | 11.0 |
| spell out limitations                  | 8  | 5.5  |
| conduct open discussions               | 22 | 15.1 |
| think of the future                    | 3  | 2.0  |
| avoid temptations                      | 30 | 20.5 |
| limit the frequency of dates           | 11 | 7.5  |
| have self-discipline                   | 26 | 17.8 |
| live within budget                     | 2  | 1.4  |
| avoid staying in dark, secluded places | 27 | 18.5 |
| do not be too aggressive               | 13 | 8.9  |
| set and follow precautions             | 8  | 5.8  |
| treat him/her in a special way         | 2  | 1.4  |
| be properly dressed/attired            | 3  | 2.0  |
| go on group dates                      | 4  | 2.7  |
| NO ANSWER                              | 18 | 12.3 |

4. How far should you go in your relationship? (multiple responses)

|                                                |    |      |
|------------------------------------------------|----|------|
| knowing one's likes and dislikes               | 2  | 1.4  |
| must not go beyond social norms and standards  | 67 | 45.8 |
| holding hands                                  | 18 | 12.3 |
| light touching                                 | 8  | 5.5  |
| kissing                                        | 37 | 25.3 |
| petting                                        | 2  | 1.4  |
| depends on several factors                     | 26 | 17.8 |
| all the way                                    | 10 | 6.8  |
| finish studies first before anything else      | 3  | 2.0  |
| showing love, compatibility and respect        | 22 | 15.1 |
| just plain dating                              | 2  | 1.4  |
| do not test compatibility                      | 3  | 2.0  |
| "Till death do us part"                        | 1  | .7   |
| secret                                         | 1  | .7   |
| should not interfere with studies and barkadas | 1  | .7   |
| the longer the relationship lasts, the better  | 1  | .7   |
| NO COMMENT                                     | 4  | 2.7  |

## C. On Premarital Relations

## 1. Do you believe in premarital relationships?

YES - 47 (32.2% OF TOTAL N)

| REASONS                     | N  | % OF YES |
|-----------------------------|----|----------|
| a test of compatibility     | 21 | 44.7     |
| a test of love              | 8  | 17.0     |
| answer for biological need  | 3  | 6.4      |
| release of pent-up emotions | 5  | 10.6     |
| NO REASON                   | 10 | 21.3     |
|                             | 47 | 100.0    |

NO - 85 (58.2% OF TOTAL N; multiple responses)

|                                |    |      |
|--------------------------------|----|------|
| no stability in relationship   | 1  | 1.2  |
| against religion/morals/values | 28 | 32.9 |
| shows disrespect               | 10 | 11.8 |
| illegal consequences           | 8  | 9.4  |
| loss of virginity              | 32 | 37.6 |
| guilt feelings set in          | 5  | 5.9  |
| results in shotgun marriages   | 8  | 9.4  |
| NO REASON                      | 18 | 21.2 |

NO ANSWER - 14 (9.6% OF TOTAL N)

## 2. Effects of Premarital Relations

## a. On the Individual Before Marriage (multiple responses)

|                        |    |      |
|------------------------|----|------|
| no effect              | 23 | 15.8 |
| emotional insecurities | 31 | 21.2 |
| sexual disadvantages   | 16 | 11.0 |
| less respect and trust | 19 | 13.0 |
| better relationship    | 5  | 3.4  |
| broken relationship    | 13 | 8.9  |
| sexual freedom         | 1  | .7   |
| NO ANSWER              | 49 | 33.6 |

## On the Individual After Marriage (multiple responses)

|                                 |    |      |
|---------------------------------|----|------|
| no effect                       | 32 | 21.9 |
| emotional security              | 10 | 6.8  |
| monotony in relationship        | 22 | 15.1 |
| broken relationship             | 14 | 9.6  |
| improved relationship           | 12 | 8.2  |
| it depends                      | 3  | 2.0  |
| as long as the one you marry is |    |      |
| the last                        | 1  | .7   |
| NO ANSWER                       | 53 | 36.3 |

## b. On Family Life After Marriage (multiple responses)

|                                            |    |      |
|--------------------------------------------|----|------|
| broken family                              | 12 | 8.2  |
| unhappy family                             | 8  | 5.5  |
| better family                              | 10 | 6.8  |
| no effect                                  | 22 | 15.1 |
| much care and attention for children       |    |      |
| of dating age                              | 8  | 5.5  |
| communication gap                          | 13 | 3.9  |
| misunderstanding                           | 21 | 14.4 |
| husband may "turn left"                    | 3  | 2.0  |
| stigma on illegitimate children            | 4  | 2.7  |
| it depends (okay if they marry each other) | 2  | 1.4  |
| can't predict                              | 1  | .7   |
| no comment                                 | 63 | 43.2 |

## D. On Marriage and Marital Life

## 1. Do you plan to marry?

|                 | N   | % OF TOTAL N |
|-----------------|-----|--------------|
| YES             | 107 | 73.3         |
| NO              | 20  | 13.7         |
| DO NOT KNOW YET | 13  | 8.9          |
| NO ANSWER       | 6   | 4.1          |
|                 | 146 | 100.0        |

## Why? (For those who answered "YES"; multiple responses)

|                                        | N  | % OF YES |
|----------------------------------------|----|----------|
| for security reasons                   | 20 | 18.7     |
| for sheer love of children             | 12 | 11.2     |
| to have a family of my own             | 38 | 25.5     |
| for love and companionship             | 33 | 30.8     |
| for biological reasons                 | 3  | 2.8      |
| for continuity of species              | 2  | 1.9      |
| its a god-given right                  | 3  | 2.8      |
| not to miss one-half of my life        | 1  | .9       |
| emotional contentment                  | 2  | 1.9      |
| natural conclusion of my dual relation | 1  | .9       |
| no answer                              | 5  | 4.7      |

## 2. If not, what alternate lifestyles can you think of?

|                                             | N | % OF NO |
|---------------------------------------------|---|---------|
| enter convent/seminary                      | 6 | 30.0    |
| devote time to career/humanitarian services | 4 | 20.0    |
| adopt a child                               | 1 | 5.0     |
| live in                                     | 1 | 5.0     |

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|                                |           |              |
|--------------------------------|-----------|--------------|
| have a harem                   | 1         | 5.0          |
| live alone and serve my family | 1         | 5.0          |
| no answer                      | 6         | 30.0         |
|                                | <u>20</u> | <u>100.0</u> |

3. If so, when do you think you will marry?

|                 | N          | % OF 126     |
|-----------------|------------|--------------|
| 20-22           | 17         | 13.5         |
| 23-25           | 29         | 23.0         |
| 26-28           | 47         | 37.3         |
| 29-31           | 20         | 15.9         |
| 32 and over     | 3          | 2.4          |
| do not know yet | 4          | 3.2          |
| it depends      | 6          | 4.8          |
|                 | <u>126</u> | <u>100.0</u> |

Do you think your spouse will be older or younger?

|            |            |              |
|------------|------------|--------------|
| older      | 62         | 49.2         |
| younger    | 55         | 43.6         |
| it depends | 4          | 3.2          |
| no answer  | 5          | 4.0          |
|            | <u>126</u> | <u>100.0</u> |

If older why?

Majority of those who answered "older" were females and their reason was that an older spouse would be more mature, responsible and understanding than a younger one. Some of the responses given were: "Women mature two years ahead of men so I don't want my husband to be henpecked or under the "saya"; "Older men tend to be mature, more experienced and knowledgeable"; "Older men are responsible, mature in thought and have greater patience and understanding"; and "For emotional and physical balance - females mature and age faster than males".

If younger why?

Many of those who answered "younger" reasoned out that "it has always been so". It is assumed therefore that they are males since males generally prefer wives younger than themselves. Some of the answers given were: "For superiority"; "Makes me feel more mature"; and "For physical (looks) reasons."

Those who answered "it depends" do not think that age matters in harmonious matrimonial life. Marriage is not planned, but happens naturally.

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4. Would you prefer to marry before or after you complete your education?

|               | N          | % OF 126      |
|---------------|------------|---------------|
| before        | 0          | -             |
| after         | 106        | 84.1          |
| it depends    | 16         | 12.7          |
| I do not know | 4          | 3.2           |
|               | <u>126</u> | <u>100.00</u> |

What factors would cause you to alter this plan? (multiple responses)

|                                             |    |      |
|---------------------------------------------|----|------|
| unplanned pregnancy                         | 28 | 22.2 |
| intense love for the other person           | 5  | 4.0  |
| uncontrollable situations<br>(like "pikot") | 9  | 7.1  |
| disapproval of parents for chosen<br>mate   | 3  | 2.4  |
| financial constraints                       | 6  | 4.8  |
| end of the world ("doomsday")               | 7  | 5.6  |
| death/severe disease                        | 3  | 2.4  |
| war                                         | 11 | 8.7  |
| fate                                        | 2  | 1.6  |
| no answer                                   | 58 | 46.0 |

5. Do you plan to have children?

|           | N          | % OF 126      |
|-----------|------------|---------------|
| YES       | 121        | 96.0          |
| NO ANSWER | 5          | 4.0           |
|           | <u>126</u> | <u>100.00</u> |

Why? (multiple responses)

|                                           | N  | % OF 121 |
|-------------------------------------------|----|----------|
| sheer love for children                   | 20 | 16.5     |
| it's what marriage is all about           | 29 | 24.0     |
| for security/support                      | 26 | 21.5     |
| to have an heir                           | 7  | 5.8      |
| to manage our properties                  | 1  | .8       |
| children are a source of joy              | 10 | 8.3      |
| produce more beautiful people             | 2  | 1.6      |
| children bind wives and husbands          | 11 | 9.1      |
| part of harmony                           | 3  | 2.5      |
| gives the world/life color                | 2  | 1.6      |
| improve the human race                    | 1  | .8       |
| motherhood is beautiful and<br>fulfilling | 2  | 1.6      |
| no answer                                 | 26 | 21.5     |

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4. Would you prefer to marry before or after you complete your education?

|               | N         | % OF 126     |
|---------------|-----------|--------------|
| before        | 0         | -            |
| after         | 106       | 84.1         |
| it depends    | 16        | 12.7         |
| I do not know | 4         | 3.2          |
|               | <hr/> 126 | <hr/> 100.00 |

What factors would cause you to alter this plan? (multiple responses)

|                                             |    |      |
|---------------------------------------------|----|------|
| unplanned pregnancy                         | 28 | 22.2 |
| intense love for the other person           | 5  | 4.0  |
| uncontrollable situations<br>(like "pikot") | 9  | 7.1  |
| disapproval of parents for chosen<br>mate   | 3  | 2.4  |
| financial constraints                       | 6  | 4.8  |
| end of the world ("doomsday")               | 7  | 5.6  |
| death/severe disease                        | 3  | 2.4  |
| war                                         | 11 | 8.7  |
| fate                                        | 2  | 1.6  |
| no answer                                   | 58 | 46.0 |

5. Do you plan to have children?

|           | N         | % OF 126     |
|-----------|-----------|--------------|
| YES       | 121       | 96.0         |
| NO ANSWER | 5         | 4.0          |
|           | <hr/> 126 | <hr/> 100.00 |

Why? (multiple responses)

|                                           | N  | % OF 121 |
|-------------------------------------------|----|----------|
| sheer love for children                   | 20 | 16.5     |
| it's what marriage is all about           | 29 | 24.0     |
| for security/support                      | 26 | 21.5     |
| to have an heir                           | 7  | 5.8      |
| to manage our properties                  | 1  | .8       |
| children are a source of joy              | 10 | 8.3      |
| produce more beautiful people             | 2  | 1.6      |
| children bind wives and husbands          | 11 | 9.1      |
| part of harmony                           | 3  | 2.5      |
| gives the world/life color                | 2  | 1.6      |
| improve the human race                    | 1  | .8       |
| motherhood is beautiful and<br>fulfilling | 2  | 1.6      |
| no answer                                 | 26 | 21.5     |

8. How many children do you want?

|           | N         | % OF 121   |
|-----------|-----------|------------|
| 1-2       | 48        | 39.7       |
| 3-4       | 57        | 47.1       |
| 7-8       | 1         | .8         |
| 9 or more | 1         | .8         |
|           | <hr/> 107 | <hr/> 88.4 |
| no answer | 14        | 11.6       |

Why?

|                                                   | N  | % OF 107 |
|---------------------------------------------------|----|----------|
| economic reasons                                  | 48 | 44.8     |
| to give children more love,<br>care and attention | 39 | 36.4     |
| to have a happier family                          | 23 | 21.5     |
| for a better life style/education                 | 7  | 6.5      |

9. How many children more or fewer do you want than the number of children your parents had?

|           | N        | % OF 107   |
|-----------|----------|------------|
| 1 more    | 15       | 14.0       |
| 2 more    | 8        | 7.5        |
| same      | 26       | 24.3       |
| 1 less    | 29       | 27.1       |
| 2 less    | 10       | 9.3        |
| 3 less    | 2        | 1.9        |
| fewer     | 7        | 6.5        |
|           | <hr/> 97 | <hr/> 90.6 |
| no answer | 10       | 8.3        |

Why?

|                                  | N  | % OF 97 |
|----------------------------------|----|---------|
| financial consideration          | 39 | 40.2    |
| for peace and quiet              | 23 | 23.7    |
| give children more love and care | 21 | 21.6    |
| to have a happier family         | 33 | 34.0    |

10. Would you like to space the births of your children?

|             | N         | % OF 121   |
|-------------|-----------|------------|
| closely     | 41        | 33.9       |
| far apart   | 48        | 39.7       |
| do not know | 11        | 9.1        |
|             | <hr/> 100 | <hr/> 82.7 |
| no answer   | 21        | 17.3       |

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Why? (multiple responses)

| REASONS for "closely":                             | N  | % OF 41 |
|----------------------------------------------------|----|---------|
| children relate better if they are of the same age | 33 | 80.5    |
| camaraderie among children                         | 10 | 24.4    |
| no answer                                          | 7  | 17.1    |
| REASONS for "far apart":                           | N  | % OF 48 |
| financial considerations                           | 28 | 58.3    |
| health of mother and child                         | 18 | 37.5    |
| easier time for wife                               | 9  | 18.8    |
| more time for child                                | 15 | 31.2    |
| no answer                                          | 11 | 22.9    |

11. What birth control methods are you familiar with? (multiple responses)

| METHODS            | READ ABOUT<br>N | HEARD ABOUT<br>N | USED<br>N | TOTAL<br>FAMILIAR N | % OF TOTAL<br>N |
|--------------------|-----------------|------------------|-----------|---------------------|-----------------|
| NATURAL            |                 |                  |           |                     |                 |
| rhythm             | 51              | 39               | -         | 90                  | 61.6            |
| withdrawal         | 63              | 13               | 2         | 78                  | 53.4            |
| ARTIFICIAL         |                 |                  |           |                     |                 |
| IUD/diaphragm/loop | 77              | 23               | -         | 100                 | 68.5            |
| condom/rubbers     | 81              | 49               | 3         | 133                 | 91.1            |
| pills              | 73              | 62               | -         | 135                 | 92.5            |
| foam/jelly         | 23              | 19               | 1         | 43                  | 29.4            |
| injections         | 7               | -                | -         | 7                   | 4.8             |
| SURGICAL           |                 |                  |           |                     |                 |
| vasectomy          | 67              | 17               | -         | 84                  | 57.5            |
| tubal ligation     | 71              | 11               | -         | 82                  | 56.2            |
| ABORTION           | 15              | 8                | -         | 23                  | 15.8            |

12. Which methods would you like your wife/husband to use in spacing the number of your children? (multiple responses)

|                              | N  | % OF 39 |
|------------------------------|----|---------|
| self-control                 | 2  | 2.2     |
| rhythm                       | 43 | 48.3    |
| withdrawal                   | 3  | 3.4     |
| IUD/diaphragm/loop           | 25 | 28.1    |
| condom/rubbers               | 8  | 9.0     |
| pills                        | 1  | 1.1     |
| foam                         | 1  | 1.1     |
| any                          | 2  | 2.2     |
| to be discussed with partner | 21 | 23.6    |

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Why?

REASONS:

self-control - no belief in birth control methods  
rhythm - effective, allowed by Church, no side effects, safe  
withdrawal - proven safe  
condom and pills - cheap, always available, safe  
foam - available

13. Would you consider adopting children?

|           | N        | % OF 121   |
|-----------|----------|------------|
| YES       | 73       | 60.3       |
| NO        | 16       | 13.2       |
| MAYBE     | 8        | 6.6        |
|           | <hr/> 97 | <hr/> 80.1 |
| NO ANSWER | 24       | 19.8       |

Under what circumstances?

|                                | N        | % OF "YES"  |
|--------------------------------|----------|-------------|
| impotence/sterility of partner | 67       | 91.8        |
| difficulty of childbirth       | 2        | 2.7         |
| no answer                      | 4        | 5.5         |
|                                | <hr/> 73 | <hr/> 100.0 |

14. Do you see potential conflicts in combining marriage, childbearing, education and career?

|           | N         | % OF TOTAL N |
|-----------|-----------|--------------|
| YES       | 37        | 25.3         |
| NO        | 81        | 55.5         |
|           | <hr/> 118 | <hr/> 80.8   |
| NO ANSWER | 28        | 19.2         |

If so, can you think of ways to resolve these conflicts?

|                                        | N        | % OF "YES" |
|----------------------------------------|----------|------------|
| establish priorities                   | 9        | 24.3       |
| budget time                            | 3        | 8.1        |
| do not marry unless prepared           | 2        | 5.4        |
| choose one and do your best in it      | 1        | 2.7        |
| marriage itself is a career;           |          |            |
| give it priority                       | 2        | 5.4        |
| finish education first before marriage | 4        | 10.8       |
| plan a small family                    | 2        | 5.4        |
|                                        | <hr/> 23 | <hr/> 62.1 |
| no answer                              | 14       | 37.8       |

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15. Should the Philippines adopt ZPG (zero population growth)?

|           | N   | % OF TOTAL N |
|-----------|-----|--------------|
| YES       | 42  | 28.8         |
| NO        | 69  | 47.3         |
| NO ANSWER | 35  | 24.0         |
|           | 146 | 100.1        |

Why?

REASONS for "YES" (multiple responses):

|                                            | N  | % OF "YES" |
|--------------------------------------------|----|------------|
| solve overpopulation                       | 18 | 42.8       |
| decreasing/limited natural resources       | 13 | 31.0       |
| improve standard of living                 | 3  | 7.1        |
| remedy unemployment                        | 2  | 4.8        |
| let nature catch up fast population growth | 1  | 2.4        |
| solve malnutrition/illiteracy              | 2  | 4.8        |
| there's just too many of us around         | 1  | 2.4        |
| inflation                                  | 3  | 7.1        |
| no answer                                  | 13 | 31.0       |

REASONS for "NO" (multiple responses)

|                                                                                                                        | N  | % OF "NO" |
|------------------------------------------------------------------------------------------------------------------------|----|-----------|
| family is not government property<br>nobody dictates what to do with it so<br>it is a God-given right to have children | 1  | 1.4       |
| it is an individual decision                                                                                           | 18 | 26.1      |
| ZPG means no population growth,<br>no progress, dead country                                                           | 16 | 23.2      |
| developing countries need human power                                                                                  | 2  | 2.9       |
| country becomes devoid of new ideas                                                                                    | 9  | 13.0      |
| nature has its own way of balancing things                                                                             | 3  | 4.3       |
| there is still enough resources                                                                                        | 2  | 2.9       |
| alternative solutions are needed<br>(example: increase food production)                                                | 7  | 10.1      |
| just limit number of children                                                                                          | 10 | 14.5      |
| no answer                                                                                                              | 1  | 1.4       |
|                                                                                                                        | 27 | 39.1      |

REFERENCE

The Population Reference Bureau. Options: A Study Guide to Population and the America Future. 1973.